

Portland Parkour



Learn Parkour!

Irvington School Outdoor Classes

Grades K-8 (5 to 14)

Time/Day: Thursdays from 3 to 4PM

Location: Irvington School playground
-meet by the dragon

Dates: Jan 14th to March 17th

Cost: \$100 per student

www.pdpxpk.com

(503) 396-2372

contact@pdpxpk.com

Join PDXPK for outdoor parkour classes! This 10 week course will involve learning vaults, rolls, jumps, and other efficient movement related to Parkour and Freerunning. The class is a fun way of staying active while learning the basics of the discipline. The instructors, Joey Adrian and Daniel Brogli are experienced practitioners who have been coaching for many years. Come join the movement!



PDXPK.COM

Watch this video of one of our Parkour students! https://youtu.be/GkS1Wk_aGp4

To reserve your space in this class, register online at www.pdpxpk.com/irvington.html or send attached form by mail to 6476 SW 192nd Ave. Aloha OR, 97078. Write checks out to Daniel Brogli

If applying for scholarship check box.

Students Name: _____ Age: _____

Legal Guardian(s): _____

Phone: _____ Email: _____

Authorized pick up list.

Name: _____ Phone: _____

Name: _____ Phone: _____

Signature: _____

(Your signature acknowledges that you agree to our Release of Liability form found at www.pdpxpk.com)